

## Ansbach Elementary Breakfast and Lunch Menu November 27 - December 1, 2023

	Breakfast Main Entree	Breakfast Sides	Lunch Main Entrée	Lunch Sides
Monday	<u>Choice 1: Ham and Cheese Biscuit</u> Choice 2: Cereal	Choice of Fruit Juice Milk	Choice 1: Teriyaki Meatballs w/ Rice Choice 2: Sausage, Egg and Biscuit Choice 3: Broccoli Cheese Soup w/ Veggie Wrap	Honey Glaze Carrots Green apple Slaw Choice of Fruit Choice of Milk
Tuesday	<u>Choice 1: Waffles</u> Choice 2: scramble Eggs	Choice of Fruit Juice Milk	Choice 1: Salisbury Steak w/ Brow Gravy Choice 2: Teriyaki Beef crumble w/ Rice Choice 3: Pineapple Grilled Chicken w/ Rice	Seasoned Green Peas Cherry Tomato Bowl Choice of Fruit Choice of Milk
Wednesday	<u>Choice 1: All American Breakfast w/ Sausage</u> Choice 2: Smoothies	Choice of Fruit Juice Milk	Choice 1: Canadian Bacon Pizza Choice 2: Cheese Pizza Choice 3: Cold Italian Salad	Italian Green Beans Dark Green Side Salad Choice of Fruit Choice of Milk
Thursday	<u>Choice 1: Breakfast Tacos</u> Choice 2: Scramble Eggs	Choice of Fruit Juice Milk	Choice 1: Cheesy Breadsticks w/ Marinara Sauce Choice 2: Meatball Sub Choice 3: Pineapple Grilled Chicken w/ Rice	Baked Beans Seasoned Broccoli Choice of Fruit Choice of Milk
Friday	<u>Choice 1: Smoothies</u> Choice 2: Blueberry Muffins	Choice of Fruit Juice Milk	Choice 1: Cheeseburger Choice 2: Hamburger Choice 3: Mediterranean Humus Salad	Sweet Potato Fries Seasoned Corn Choice of Fruit Choice of Milk

**\*Menu Subject to Change\***

**This Institution is an Equal Opportunity Provider.**

**If you have any questions regarding the menu, please contact the Supervisor, Karla at 09802-954994 or by email at [guadalupezaragozak@aafes.com](mailto:guadalupezaragozak@aafes.com) or [howellsab@aafes.com](mailto:howellsab@aafes.com)**